

AUTUMN 1

08 - Different types of families

and how we respect differences.

AUTUMN 2

09 - Marriage, including legal

perspectives.

AMS LUK AMS RELATIONSHIPS EDUCATION LONG TERM OVERVIEW - PRIMARY

SPRING 2

025 - Permission seeking and

giving in relationships.

SUMMER 1

O32 - Getting advice and developing

the confidence and vocabulary to

report concerns of abuse.

SUMMER 2

O38 - Critically consider online

friendships and sources of

information.

	Families	Caring friendships	Respectful relationships	Respectful relationships	Being safe	Online relationships
	O1 - Our families and how they make us feel.	010 - Choosing and making friends.	O17 - Good manners and courtesy.	O18 - Self-respect and happiness.	O26 - Looking after my body and being respectful to others.	O33 - Rules for staying safe online.
	Families	Caring friendships	Respectful relationships	Being safe	Being safe	Online relationships
2	O2 - How my family cares for me and keeps me safe.	O11 - How friends make us feel happy and secure.	O19 - Respecting each other's differences.	O27 - Differences between appropriate and inappropriate physical and other contact.	O28 - Boundaries and secrets in friendships.	O34 - Know that sometimes people pretend to be someone else, including online.
	Families	Caring friendships	Respectful relationships	Respectful relationships	Being safe	Online relationships
3	O3 - Love, security and stability in happy family relationships.	O12 - Characteristics of caring friendships.	O20 - Practical steps to support respectful relationships.	O21 - Different types of bullying and the impact of bullying.		O35 - Applying the same principles to online relationships as face-to-face relationships.
		Caring friendships				
		O13 - Healthy, positive friendships and how they make us and others feel.				
	Families	Families	Caring friendships	Respectful relationships	Being safe	Online relationships
4	O4 - Characteristics of a healthy family including, spending time together.	O6 - Problems in family life and family relationships.	O14 - Problems in friendships and how to resolve them.	O22 - Responsibilities of bystanders and reporting bullying.	O30 - Responding safely and appropriately to unknown adults, including online.	036 - How information and data is shared and used online.
	Families					
	O5 - Commitment in family life, including extended family, and sharing each other's lives.					
	Families	Caring friendships	Respectful relationships	Respectful relationships	Being safe	Online relationships
5	O7 - What to do when family relationships become unhappy/unsafe.	O15 - Recognise who to trust and evaluating when friendships make me unhappy.	including those in positions of	O24 - What stereotypes are and the impact of them.	O31 - Recognise and report feelings of being unsafe or feeling bad about adults.	037 - Recognising and reporting risks and harmful content.
	Families	Families	Caring friendships	Respectful relationships	Being safe	Online relationships

016 - Managing conflict.

SPRING 1



AMS RELATIONSHIPS EDUCATION Y1 MEDIUM TERM PLAN

AUTUMN 2 SPRING 1
SPRING 1
SPRING 2
SUMMER 1

SUMMER 2

Families

O1 - Our families and how they make us feel.

To recognise and describe:

- The composition of our families
- · The roles the different members of our families have
- How our families are a blessing from our Lord
- How our families makes us feel

Caring friendships

O10 - Choosing and making friends.

To recognise and describe:

- How we make friends
- How we feel if we do not have friends
- Giving and taking in friendships
- Characteristics of friendships including kindness

Respectful relationships

O17 - Good manners and courtesy.

To recognise:

- What good manners look like
- Rewards for good manners from an Islamic perspective
- Conventions for courtesy
- How to become better mannered and courteous

Respectful relationships

O18 - Self-respect and happiness.

To recognise:

- · How we make choices and how these can be different to others
- That others can have different beliefs to us
- How we show respect to those who may be different in appearance, character, personality and background to us
- · Commonality with those whose choices or lifestyles are very different to ours

Being safe

O26 - Looking after my body and being respectful to others.

To recognise:

- · That our bodies belong to us and we need to look after them
- · When contact with others is appropriate and how this can be a source of comfort
- When contact with others is inappropriate
- · What to do when we feel contact is unsafe or inappropriate

Online relationships

O33 - Rules for staying safe online.

- The different reasons we may use the internet
- The importance of keeping personal information safe
- How to stay safe on different online platforms
- · The importance of reporting to adults when we feel unsafe online



AMS RELATIONSHIPS EDUCATION Y2 MEDIUM TERM PLAN

AUTUMN 1

Families

O2 - How my family cares for me and keeps me safe.

To recognise and describe:

- What it means to be happy, safe and cared for
- Danger and dangerous situations
- · What our families do to protect us and keep us safe
- How those who do not have families may feel

AUTUMN 2

Caring friendships

O11 - How friends make us feel happy and secure.

To recognise:

- What makes a good friend
- What it means to feel secure in a friendship
- Insecurity in friendships and what this may look like for some of us
- · How to develop security and happiness in our friendships

SPRING 1

Respectful relationships

O19 - Respecting each other's differences.

To recognise:

- What it means to have self-respect
- How to develop self-respect
- · That developing our sense of self worth will lead to us being happier
- · The different approaches to self-improvement including prayer and reflection

SPRING 2

Being safe

O27 - Differences between appropriate and inappropriate physical and other contact.

To recognise:

- · What it means to give permission (consent) to others
- · The situations where we need to give or receive permission
- · What constitutes appropriate and inappropriate physical contact
- How to respond to unwanted contact, including physical

Being safe

O28 - Boundaries and secrets in friendships.

To recognise:

- How to respond safely to others online, including adults
- · The boundaries to stay within when online
- · How to manage pressure from others, especially when we feel uncomfortable or unsafe
- How keeping secrets online can lead us to dangerous situations

SUMMER 2

SUMMER 1

Online relationships

O34 - Know that sometimes people pretend to be someone else, including online.

- · That in some situations people pretend to be someone they are not
- · When to seek clarification that people are who they say they are
- How and why people behave differently online
- Situations where people may pretend to be someone else online



AMS RELATIONSHIPS EDUCATION Y3 MEDIUM TERM PLAN

AUTUMN 1

Families

O3 - Love, security and stability in happy family relationships.

To recognise:

- How love is demonstrated
- That our Creator loves us
- How we can give and receive love from our family members
- · The importance of security and stability in being happy in our family life

Caring friendships

O12 - Characteristics of caring friendships.

To recognise:

- Mutual respect, loyalty, kindness and generosity
- · How to become trustworthy and truthful
- · How to develop healthy friendships by sharing interests and experiences
- · Supporting friends in times of difficulty leads to stronger relationships

AUTUMN 2

Caring friendships

O13 - Healthy, positive friendships and how they make us and others feel.

To recognise:

- How to develop our character and akhlaq
- · The importance of welcoming others and not excluding or making others feel lonely
- What it feels like to be excluded
- How to develop healthy, positive friendships

SPRING 1

Respectful relationships

O20 - Practical steps to support respectful relationships.

To recognise:

- · What it means to be respectful
- How to develop respect towards our peers and friends
- The importance of developing respect for our parents
- · The steps to follow to develop respect for those who are different, or have different views to us

SPRING 2

Respectful relationships

O21 - Different types of bullying and the impact of bullying.

To recognise:

- · Different types of bullying including online and how it affects people
- · The impact of bullying on the health of those being bullied
- · Why some people may become bullies and how to help them
- Strategies to help those being bullied and those that bully

SUMMER 1

Being safe

O29 - Persistence in asking for advice and help.

To recognise:

- · The process for, and steps to getting advice and help
- How to develop persistence in gaining help
- · How to respond to those who you know or suspect are in unsafe situations
- · The role we can play in our community in keeping people safe

SUMMER 2

Online relationships

O35 - Applying the same principles to online relationships as face-to-face relationships.

- · The purpose of online communication
- · That the same principles apply online as face-to-face
- · Islamic perspectives on online behaviour
- · The importance of developing a code of conduct when dealing with people



AMS RELATIONSHIPS EDUCATION Y4 MEDIUM TERM PLAN

Families

O4 - Characteristics of a healthy family, including spending time together.

To recognise:

- · What it means to be committed and how we show commitment
- · The benefits of spending time and sharing our lives with our family members
- · How those close to us help us when we are in difficult situations
- · What healthy family life looks like including protecting and caring for each other

AUTUMN 1

Families

O5 - Commitment in family life, including extended family, and sharing each other's lives.

To recognise:

- · The status of parents and the elderly in Islam and how we show them the respect due to them
- · The rewards in Islam for developing and maintaining ties of kinship
- · And describe the role of our extended families
- · The importance of managing our time so that we are able to share our lives with our extended families

AUTUMN 2

O6 - Problems in family life and family relationships.

Caring friendships

Families

To recognise:

- · That we sometimes have problems and ups and downs in our family relationships
- · That when we resolve our problems our relationships can become strengthened
- How to deal with conflict with our family members
- · The importance of developing humility and refraining from arguments to improve relationships and gain

SPRING 1

O14 - Problems in friendships and how to resolve them.

To recognise:

- · The qualities of strong, healthy friendships which people have maintained over a long period of time
- The types of problems we may have in friendships
- · How to reach resolutions in our problems by discussing and getting help from others
- How to develop self-reflection as a means of self-improvement

SPRING 2

Respectful relationships

O22 - Responsibilities of bystanders and reporting bullying.

To recognise:

- · The long term effects of being bullied
- How to report bullying to adults
- · The responsibility of bystanders to act when someone is being bullied
- How to get help if we are being bullied

Being Safe

O30 - Responding safely and appropriately to unknown adults including online.

To recognise:

- How to respond to strangers in a range of scenarios
- Islamic perspectives to staying safe
- · Safety protocols when dealing with unknown people online, including adults
- · Where to get support and advice if we are worried about online safety

SUMMER 2

SUMMER 1

Online relationships

036 - How information and data is shared and used online.

- Privacy and what this means
- · How we can maintain our privacy online
- How our information and data is stored online
- Islamic perspectives on posting online



AMS RELATIONSHIPS EDUCATION Y5 MEDIUM TERM PLAN

AUTUMN 1

Families

O7 - What to do when family relationships become unhappy/unsafe.

To recognise:

- · How in some family relationships people can be unhappy
- · What it means to become unsafe in family relationships
- · What to do if we feel unhappy or unsafe in our relationships
- · Where to access advice and support when we or those around us are in unsafe situations

AUTUMN 2

Caring friendships

O15 - Recognise who to trust and evaluating when friendships make me unhappy.

To recognise:

- How to develop judgement and trust
- · That some people may have insincere and/or harmful intentions when trying to be our friends
- · How to manage situations where friendships are making us unhappy or uncomfortable
- · Where to access help for ourselves or others who may be in unsafe friendships

SPRING 1

Respectful relationships

O23 - Respecting others, including those in positions of authority.

To recognise:

- What it means to give and receive respect
- The importance of respecting those in authority
- The Islamic perspective on showing respect
- Practical steps we can take to become more respectful

SPRING 2

Respectful relationships

O24 - What stereotypes are and the impact of them.

To recognise:

- And identify stereotypes
- How stereotypes are unfair and mostly negative and can be destructive
- · How we can challenge stereotypes we ourselves have
- · Stereotypes of Muslims and how we can challenge these

SUMMER 1

Being safe

O31 - Recognise and report feelings of being unsafe or feeling bad about adults.

To recognise:

- Unsafe situations in different contexts
- How to respond to feeling bad about adults and their behaviour and conduct
- How to report concerns effectively
- · The different channels we can use to report adults who make us feel uncomfortable or unsafe

SUMMER 2

Online relationships

O37 - Recognising and reporting risks and harmful content.

- Risks and how they are managed
- How to manage risks online
- How to deal with harmful content online
- · The importance of reporting content which is upsetting, harmful and hateful



AMS RELATIONSHIPS EDUCATION Y6 MEDIUM TERM PLAN

AUTUMN 1

Families

O8 - Different types of families and how we respect differences.

To recognise:

- That families can be composed in different ways
- · The importance of respecting families that are different to ours
- · How some families support orphans and those in need through fostering and adoption
- · How we can engage with or support the different families around us

AUTUMN 2

Families

09 - Marriage, including legal perspectives.

To recognise:

- Marriage in Islam
- Different faith perspectives on marriage
- · The legal definitions of marriage and civil partnerships
- · That marriage in the United Kingdom is available to both opposite and same sex couples

SPRING 1

Caring friendships

O16 - Managing conflict.

To recognise:

- · That all relationships and friendships have ups and downs and what these look like
- · That all friendships require work and investment which can become a means of strengthening them
- Approaches to conflict resolution
- · That violence and being abusive are not options when we are in conflict

SPRING 2

Respectful relationships

025 - Permission seeking and giving in relationships.

To recognise:

- · How to develop and maintain boundaries in relationships with peers, friends and adults
- The importance of seeking permission in relationships
- · In which situations we should give permission to others
- What to do when permission is not sought by others, when it should have been

SUMMER 1

Being safe

O32 - Getting advice and developing the confidence and vocabulary to report concerns of abuse.

To recognise:

- Potential signs of abuse
- How we can develop confidence to report abuse
- · The vocabulary required, and how to develop this when reporting concerns
- · Where to get advice and support when in need e.g. family, school and other sources

SUMMER 2

Online relationships

O38 - Critically consider online friendships and sources of information.

- What it means to critically consider something
- How to critically evaluate the information we access online
- · The importance of being critical of online friendships, especially with people we have not met
- · Qu'anic perspectives on critical consideration